

## ABOUT THE TRAINER

### Introduction

In 1990 I walked into my first NLP class. It changed my life. It changed how I looked at communication and people. It changed how I made changes effectively. I have many successful clients who have passed through my doors and discovered the magic that I discovered back then. There is nothing in life so gratifying than to be a part of the growth and evolution of so many people. I thank them over and over again for what they brought to my life. Everything in life is easier using the tools of NLP. I rejoice in the lives I have been able to and continue to touch. There are miracles just for the asking.

I believe that no one needs a life coach, but that everyone would benefit from having one. A life coach is a cross between a mentor, sports coach, manager and trainer — a trusted partner and friend on your life's journey. I believe that life is meant to be simple, but that we complicate it. I enable my clients get clarity about what they want in their lives — for example, a dream relationship or an ideal job — and get them focused on achieving them.

I also believe that there is something special and unique about each and every human being. Your dreams can come true, and you all have the capacity to realise them. Life is meant to be fun in all areas of our life — so you should be enjoying every day, having fun at work and at home.

Prior to becoming a life coach, I have spent many years in the corporate world.

Since 1994, I have trained and coached more than 20,000 professionals all over the world. I decided to leave a successful career in professional training to pursue my life-long passion of setting up my own coaching and training company - THINKBOX. Over the years I was trained by top coaches around the world, including amongst others Anthony Robbins, Ian McDermott, John Grinder, Richard Bandler and David Shephard.

If you have ever attended my unique workshops you will know that I am a speaker with a passion for inspiring individuals and businesses to raise their game and achieve remarkable goals. I am passionate about learning and above all enjoy working with people and enabling them to achieve their full potential. At the heart of my passion is an entertaining and inspiring style and a real sense of commitment for those I work with.

### My mission and vision

My mission is to make a difference in the world and to improve the life of everyone with whom I come into contact. I have become very clear that my life is all about contribution. I therefore endeavour to live with an attitude of giving and contributing every day of my life. One way I do this is to get groups of people together to celebrate life. Indeed people are my passion. I believe in the power of contribution, connection and celebration and my vision is to build a better world bit by bit, and to help you build your dream life, step by step.



### Memberships:

- Life Coaching Institute
- Toastmasters International
- The Time Line Therapy Association®
- Association of International Accountants (AAIA)
- Institute of Certified Public Accountants (ICPAC)
- Association of Neuro-Linguistic Programming (ANLP)
- Association of Chartered Certified Accountants (ACCA)
- American Board of Neuro-Linguistic Programming (ABNLP)
- Human Resource Development Authority Accredited Trainer

### Qualifications:

- Accredited Life Coach (Dip. LC)
- Accredited International NLP Master Practitioner & Trainer
- Fellow International Accountant (FAIA)
- Competent Leader (CL) - Toastmasters
- Fellow Chartered Certified Accountant (FCCA)
- Master Practitioner of Time Line Therapy® (TLT)
- Mastery University Graduate (Anthony Robbins, USA)

### Specialization:

- NLP Certification Training
- Business & Personal Coaching
- Coach Certification Training